

The Maryland Food System Mapping Project

A project of the Johns Hopkins Center for a Livable Future

Amanda Behrens abehrens@jhsph.edu



Center for a Livable Future

Our mission: To promote research and to develop and communicate information about the complex interrelationships among diet, food production, environment and human health in order to advance an ecological perspective in reducing

threats to the health of the public; and to promote policies that protect health, the global environment and the ability to sustain life for future generations.



Community Food Assessment in SW Baltimore

Goal:

- Store survey measure the availability of healthy food in their neighborhood.
- Residents' survey identify key food and nutrition issues that community members are facing.

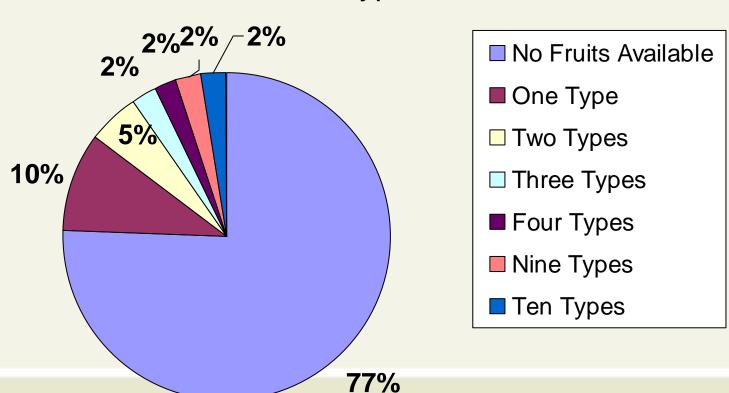
Objectives:

- -Identify institution and individual barriers and strengths
- -Identify educational & communication opportunities to increase awareness of the benefits of healthy eating



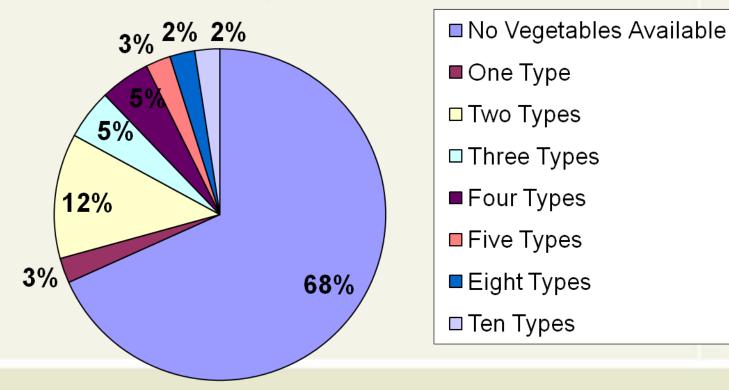
Availability of fruits

- 76% NO fruit for sale
- Of the 10 stores that sold fruit only 2 sold more than 4 types

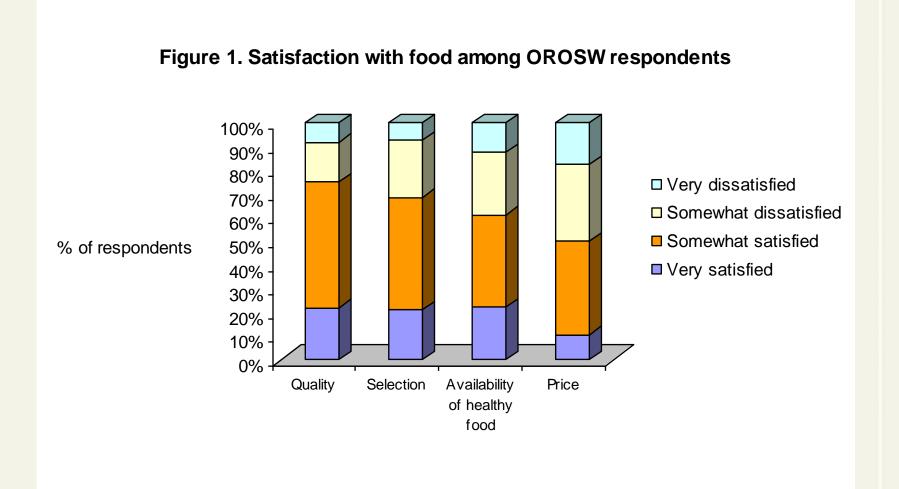


Availability of vegetables

- 69% NO vegetables for sale
- 15% sold only one or two varieties
- Only 2 stores sold more than 5 types

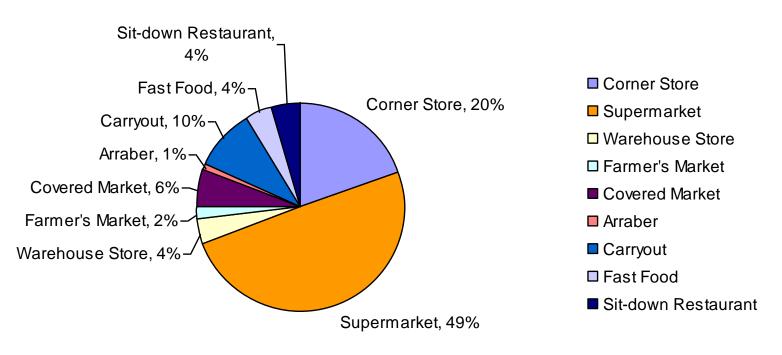


Residents Survey: Satisfaction with Food in OROSW Area



Residents Survey: Food Shopping

Figure 7. Average Monthly Food Expenditure by Store



Economic Barriers: Residents Survey on Food Shopping

Most money spent – at *supermarkets*Average monthly expenditures

• \$140 at corner stores

\$280 at supermarkets





Economic Barriers and Availability

- 52% were "sometimes" or "often" unable to buy healthy food due to lack of resources
- 40% stated certain foods were desired but not available (e.g. fresh fruits, vegetables, quality meat)

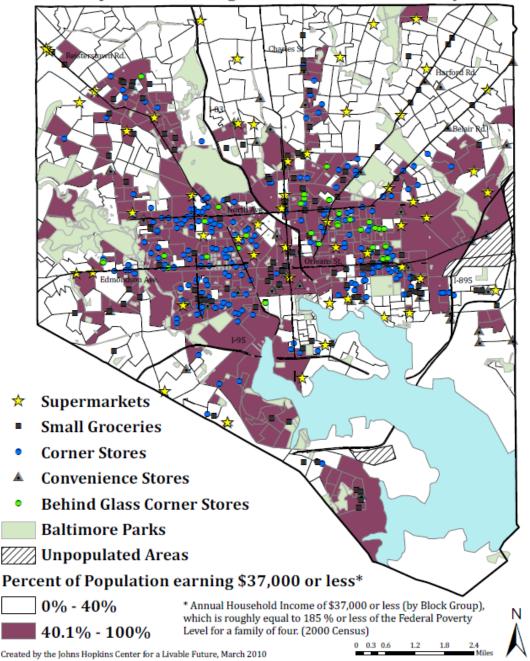


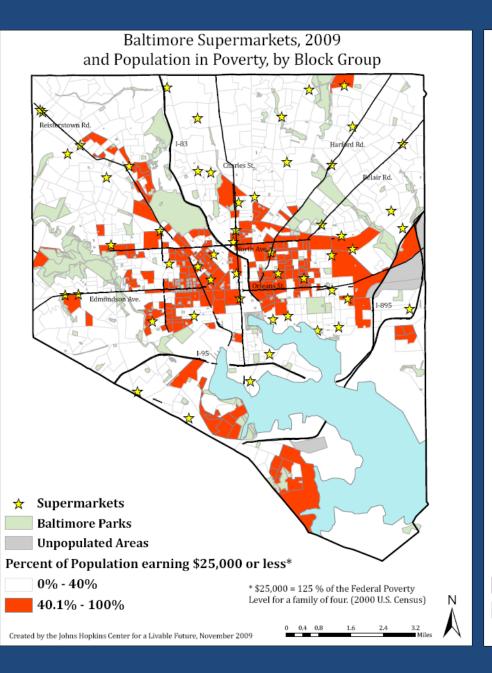


Data Sources

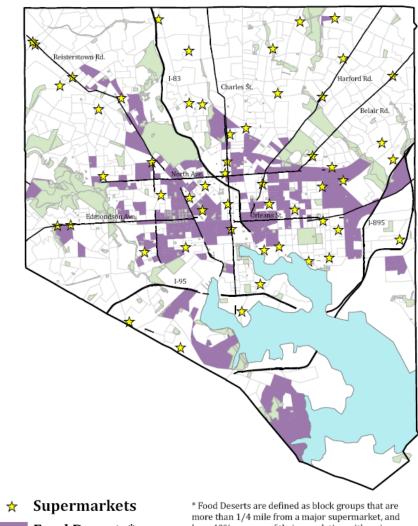
- Food Stores Baltimore Health Department's Food Sales Permit List
- Farmers Markets MD Dept of Agriculture (www.marylandsbest.net)
- Community Gardens Baltimore City Extension, Parks & People, Maryland Agriculture Education Foundation
- Demographic Information 2000 Census

Baltimore Food Stores, 2009 and Population Earning less than \$37,000 Annually





Food Deserts in Baltimore and Supermarkets



Food Deserts*

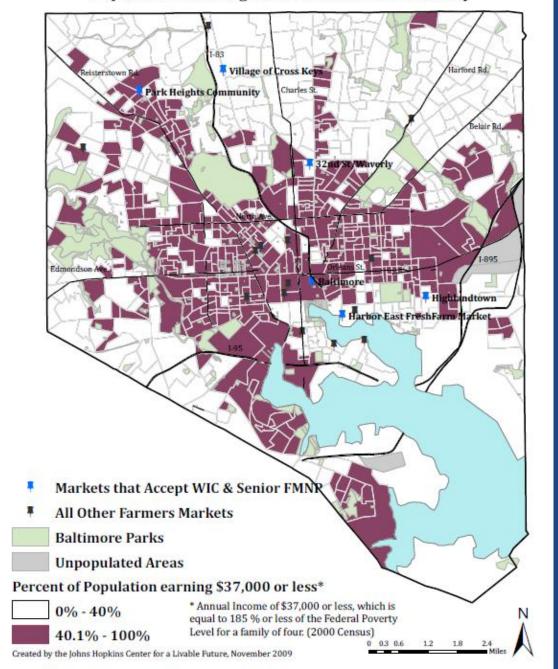
Baltimore Parks

have 40% or more of their population with an income below 125% of the poverty line (below \$25,000 for a family of four).

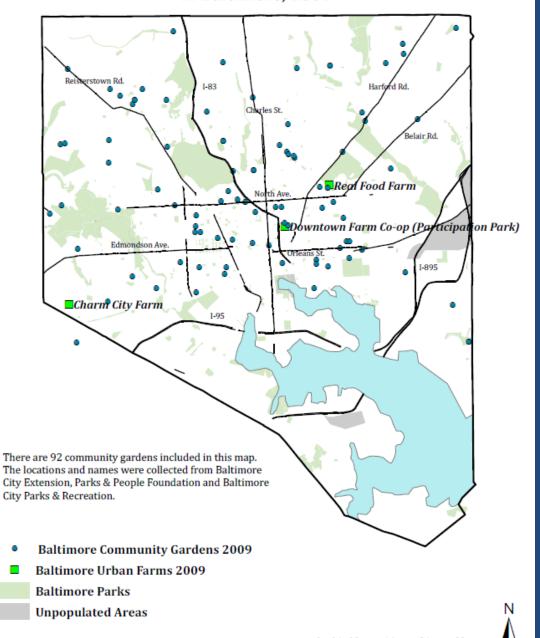


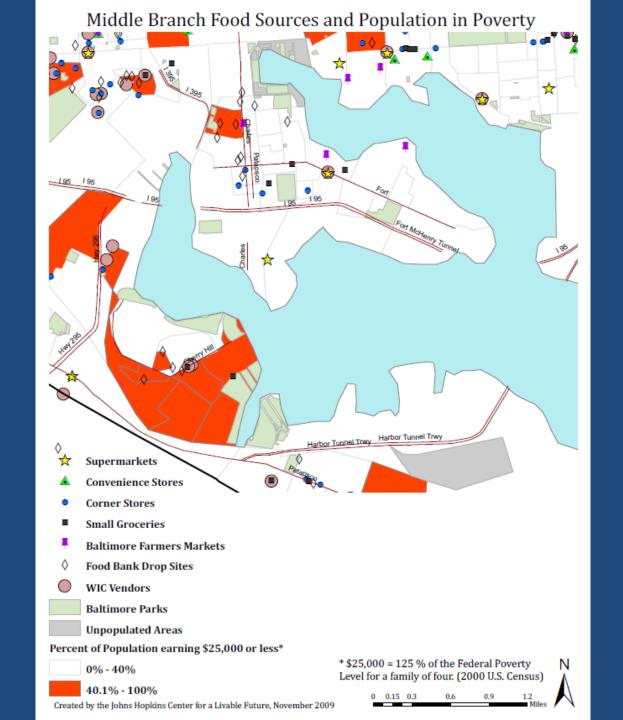
Created by the Johns Hopkins Center for a Livable Future, November 2009

Baltimore Farmers Markets, 2009 and Population Earning less than \$37,000 Annually



Community Gardens and Urban Farms in Baltimore, 2009





Middle Branch Food Deserts and Supermarkets





* Food Deserts are defined as block groups that are more than 1/4 mile from a major supermarket, and have 40% or more of their population with an income below 125% of the poverty line (below \$25,000 for a family of four).



